



## RCI SHINEZZZ...



As the cultural events of Rotary fraternity gets active, RCI also gets noticed. Be it cheering, winning trophies, participating or attendance, RCI is there in the front .

At the Multi-Regional (Region I & II) Fellowship conducted on 5th November 2006 at Rama Varma Club, Cochin, RCI won the runners-up trophy after bagging second prize for Male Solo by Rtn. Harikrishnan and again a second prize for Group Dance by our Annettes (Gopika, Divya, Deepti, Pooja, Alena, Elizabeth, Aswathy and Aishwarya)

RCI retained the Sruthilayam Champion's Trophy this year after winning the events like Music Quiz – First Prize by Rtn Manju TC and Group Dance – First Prize. The members of the winning Group Dance team are Naomi, Anagha, Suma, Shaleena, Deepa, Ligi, Falguni & Binu. RCI also won the prize for the club with Maximum Participation apart from prizes for Best Dressed Rotarian, Best Dressed Annette and lot of other lucky dips.

RCIans are waiting for more – they are looking at the calendar to participate in more competitions, be it Sports or Cultural events.



**Rtn. William B. Boyd**  
President Rotary International  
2006 - 2007



**Rtn. Babu Joseph**  
District Governor 3200  
2006 - 2007

## THE PREZ BUZZZ...

My congratulations and thanks to each and every member, Anns and Annetts for making the month of November a memorable one. We actively participated in good numbers in the events conducted by city clubs and came out with flying colours. RCI has gained a good name.

Our attendance in the weekly meetings had been good. It was wonderful to see that members are coming forward to sponsor family meets to ensure that the spirit of everyone in the club is kept high.

We had very successfully conducted a medical camp for prostate cancer detection, which without the efforts of our club secretary Reji Raman and Dr Sanjay would not have been possible. Efforts of our Assistant Governor SR, Prasanth, Manoj Madhav, Prakash, & Ravi in conducting the camp smoothly is laudable.

December and January are going to be the busy months for us as Super Six, Bhavana and RYLA follow one after another. In between we will be participating in activities conducted by other clubs. I am sure each member will put his best efforts, as usual, to contribute for the success of each activity.

Dear Friends, I Wish you all a Happy Christmas and a Prosperous New Year !

Truly  
**Chandru**



# RCI NEWZZZ...

## Whither Kerala

01, November:

As the part of the 50<sup>th</sup> birthday of Kerala, RCI had a group discussion titled "Whither Kerala". The discussions saw eminent speakers of RCI speak on various topics to analyse where Kerala has reached in the last 50 years and where we are headed. The speakers were Rtn. Madan (Malayalee Attitude), Rtn. Hari (Kerala Politics), Rtn.



Siby (Health Scenario) and Rtn. Prakash (Industry in Kerala). The Discussion was introduced and moderated by SR. The discussion was refreshing, provocative and blithesome. All speakers had to cut short their speeches upon request from the moderator. One speaker on industry had come prepared with a six page speech !! And more, two speakers for the topics Economics and Culture volunteered to postpone their speeches for want of time.

## New Members

15, November:

RCI inducted two new members, Mr Saji K Thomas and Mr Navin Bose during the weekly meeting



held on this day. Saji was loaned the classification Consultant Project Financing and Navin - Educational Tourism Services. Saji's wife Laina Saji and their children Marlyn and Juliet were present.

## Family Meeting

18, November:

The family meeting was sponsored by Rtn Ravi K, Rtn Sanjay Bhat, Rtn Madan MJ, Rtn Sudheer OV and Rtn Manoj Madhav. Birthday gifts and



anniversary gifts for the month were given. Rtn Prashanth Menon conducted few games and towards the end a cake was cut to celebrate the birthday of Rtn Manju TC that fell on 19, November.

## Congratulations!!!

18, November:

ROCOINT congratulates Aditya s/o Rtn Dr Sanjay Bhat for being the Doubles Champion of MBTA



RSC All India tennis tournament. He is also the runners up in the singles event in the same tournament.

## Prostrate Camp

19, November:

The First Medical Camp of this year was conducted on November 19, 2006 at Panichayam, Odakalli, Perumbavoor, 42 Kms from Kochi. The camp, a Prostrate Cancer Detection Camp, was conducted

by a team of doctors from Amritha Institute of Medical Sciences, lead by Dr H Sanjay Bhat. The other members were Dr Ginil Kumar, Dr Georgy Mathew, Dr Shivanandan, Ultrasound Technician Prabul and Nurse Ajitha. Three representatives from Intas Pharmaceuticals were also present to distribute free medicines.



President Chandrashekheran, AG SR Nair, Dr Sanjay Bhat, Dr Ginil Kumar, Panchayath President M O Poullose, Member KP Ramachandran, Member Thomakunju Pullan, Sec Reji Raman, Member Shaji Sariga were on the dais.



Chandrashekheran presided, and M O Poullose inaugurated the camp.

The Camp started at 10 am and got over by 3 pm. 111 patients came for check up and all those who required medication were given free medicines.

## Classification talk

29, November:

Rtn Dr Sudheer OV made an informative presentation titled "It is a matter of fat". Dr Sudheer spoke on obesity, its causes and corrections. The meeting was well attended by Rotarians, Anns and Annettes. Dr Sudheer also showed a video of a patient undergoing surgery to control his diet.

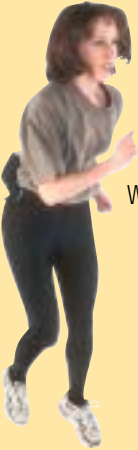


The secretary thinks that the video will have its effect on the viewers and they will not only give up overeating but even eating. It was a serious presentation and those present were enlightened on many aspects and figures on the subject.

# RAJEEV WRITEZZZ...

## I love to jog in the dawn

The young Sun just,  
Peeping at earth behind the sky  
Narrow stream of light kissing the earth  
Twinkling stars still in the sky  
Shining moon moving back to bed  
I love to jog in the dawn



Chirping birds around the trees  
Shrilling sound of vehicles on the road  
Whispers of love making couples from houses  
Cock-Crow signaling the start of dawn  
All breaking silence of the day  
I love to jog in the dawn

Beggars and Orphans in torn clothes  
Sleeping with hands between the legs  
Shivering all over with cold  
Nothing to eat, wear and  
Nothing to dream in the night  
I love to jog in the dawn

Green paddy fields in the Country yard  
The dancing flies all around  
The sizzling spring in the middle  
Little houses on the river bank  
What a pleasant sight and  
I love to jog in the dawn

Lovely sights ad pleasing sounds  
Beautiful nature in the early morning  
Which freshen our mind  
And health for the day  
It is a remarkable experience  
I love to jog in the dawn



Painted by: Gopika, D/o Rtn. Ravi



ROCOINT WISHES  
MERRY CHRISTMAS TO ALL  
ROTARIANS, ANNS AND ANNETTES

# ROTARY NEWZZZ...

## December is Family Month!

It is often said that children are the future of the world. Healthy and happy children are key to achieving Rotary's goal of building international understanding and peace in the world. There is no better place to nourish a young mind than in a family whose basic needs have been met and who can spend time together.

Celebrate Rotary's commitment to family in December. Consider bringing together the mothers, fathers, children, grandparents, aunts, uncles, cousins, and members of your Rotary family into shared activities. Participate in a community service project that will help strengthen families in your community by:

- Sponsoring a seminar for new parents on child development
- Organizing a father/daughter or mother/son dinner
- Promoting a family literacy project which emphasizes parents reading to their children
- Raising awareness of child abuse prevention programs in your community
- Chaperoning a safe and fun weekend activity for the community's teenagers
- Volunteering at a shelter for homeless families
- Assisting the elderly in nursing homes with simple crafts that they can give as gifts to their families
- Creating a park or recreational area where parents can spend time with their children
- Providing materials and support to a daycare facility or orphanage
- Creating an after-school activities program for older children which will give them a safe place to go while their parents are at work

**Celebrate your extended family in December – the Family of Rotary!**

# THE EDZZZ...

The festival season comes again and it's the time to celebrate. But even before the Xmas celebrations, RCI has got lot of reasons to celebrate their joy during the month of November. After participating and winning the trophies in the two cultural events held at Cochin, the members are all thrilled and waiting for the announcements of new events. Congratulations to RCI and all its members for making their presence unforgettable.

The animal of the month is "Viper" but I have profiled him in a "not so lighter manner" for a change.

I found a new talent among our midst and that too a poet. I am glad to introduce Rajeev Nair as the poet and one of his original unedited poems is included in this bulletin. Gopika displayed her skill in painting with a beautiful scenery. I thank both of them for their wonderful support.

I still remember that I was dressed as the Santa Claus in the first Xmas celebrations of RCI, and while fondling those sweet memories, I still feel I am a Papa (obvious). As we come towards the end of December, it should be the time to be happy & merry and I take this opportunity to wish all RCI members and families a very pleasant Xmas and a wonderful New Year.

With lots of luv,  
**Cinu**



# THE BHATZZZ...

(NOT ONLY - BHAT ALSO)



He had barely crossed forty but he is a full fledged Professor now. He heads the Urology dept of Amrita Institute of Medical Science. He is a triple Post Graduate, rank holder and medal winner. He had always been a topper in studies. Why studies, he had topped in whatever in had participated. In Tennis, in Cricket and of course in Key hole Surgery. He is a champion all the way. Presenting before you the one and only Dr. Hatangadi Sanjay Bhat, our Jt. Secretary.

With the gene of Brilliance which is hereditary, Sanjay was born in Vellore, T N in 1965 to Dr. H S Bhat and Dr. Mrs. Prema Bhat who were professors at the famous Christian Medical College. When Dr. Bhat senior retired from CMC, the family shifted to Bangalore. It may be news to most of you that desh *Ka dhadkan* Amitabh Bachan is alive today thanks to Sanjay's father. Dr. Bhat Sr. a highly reckoned Urologist of the country, treated Mr. Bachan when he injured seriously during the fight scene in the movie 'Coolie'.

Sanjay did his schooling in St. Joseph's Bangalore and was the under 14 Tennis Champion of Karnataka. At a point in time, he was forced to choose between sports & studies and he chose the later.

So the loss of Tennis was the gain of Medicine. In 1982 he joined JIPMER Pondicherry for MBBS. Tennis and Cricket became his extra curricular activities and he represented Pondicherry State in Cricket.

As an Alma mater, JIPMER must hold very high value to him. One could say



## VIPER

This high spirited reptile crawls on the tennis nets, cricket grounds, and strikes at will. This highly "evolutionised" snake has developed a special finger in search of "stones". This party animal sheds its skin at the first provocation, but will have a tough time this year assisting the mongoose.

JIPMER made Sanjay the doctor. It was here that he picked up the taste for liquid OH, particularly the Rum variety. And it was at JIPMER that he met Lilan, who was his classmate. At the class, the would be eye specialist looked deep into Sanjay's eyes and it was love all the way, and to put it bluntly, she became his life mate. (With such flair in writing, we do have a budding novelist/writer amongst us in Dr. Lilan)



After MBBS, Dr. Sanjay did MS in general surgery from JIPMER in 1991. When he wanted to go for super specialization, Sanjay followed his father's footsteps. In the very first attempt he did his FRCS from Edinburgh (a rare feat, at just 26 years!) and later M.ch with specialization in Genitourinary surgery in 1994.

Dr. Sanjay had worked at many reputed medical institutions. At JIPMER he worked as junior and senior Resident. He worked in CMC Vellore as Senior Registrar and at Satya Sai institute of Higher Medical Sciences, Puttaparthi as Chief Registrar. Later he shifted to Kasturba Medical college, Manipal as Assistant Professor. Then Dr. Sanjay Bhat moved out of India and worked in Muscat, Oman at the Armed Forces Hospital as Registrar in the rank



of a Major in the army there. In 2000, the family shifted to Cochin and the Bhats joined AIMS. Today Dr. Sanjay Bhat heads the Urology Deptt. and is a Professor at the Medical college.

If one reads the Curriculum Vitae of Dr. Sanjay Bhat, it would take a good amount of time to finish it, as it profiles his academic and professional brilliance all through – whether it is surgical achievements or in presenting papers at National and International podiums. Sanjay is a multi linguist; he can speak 7 languages including Arabic. Dr. Sanjay's son, Aditya Bhat, a student of Bharatiya Vidya Bhavan, Elamakkara is the chip of the old block. He is a Tennis champ and ranks very high in AITA rankings. Daughter Tanvi goes to class 1 at BVB Elamakkara. The family is settled in Nagpal's Spring Tide Villas at Elamakkara, with a new addition to the family, the controversial Roni.

Having tested success and peaked in achievements pretty early in life, Dr. Sanjay Bhat has no alternatives but to look out at newer horizons in life and career for which he is



approached by many organizations. At times he earns to go back to playing days and at times call of higher achievements reckons. Some one who looks at his brilliance may wonder if the small town of Cochin fits to the profile that of Dr. Sanjay Bhat. Whatever that be, we at RCI are indeed very pleased to have this unassuming, injury prone but brilliant doctor in our midst. We all love to be among the parties "created" by this Party "viper" Animal, whose shedding of skin is the only thing that needs to be taken care & Mrs. Bhat knows that very well.

# THE WISHEZZZ...

DECEMBER

## BIRTHDAYS

- 01 Emlin d/o Shaju
- 05 Rahul s/o Rajeev V
- 11 Naomi d/o Nair S R
- 13 Kesav s/o Prashanth
- 14 Ken s/o George
- 20 Nevin s/o Manoj Joseph
- 31 Elizabeth d/o Benny

## ANNIVERSARIES

- 01 Balakrishnan A & Bindu
- 26 Dr. Siby & Dr Alice Kurian