



INTERACT CLUB FORMZZZ...

20th October 2006 is the day every Rotarian in Rotary Cochin International (RCI) will remember. This is the day on which RCI's first Interact Club was inaugurated. This club is formed at Don Bosco School Vaduthala. Special congratulations to Rtn. Madan M. Jerome, Director – New Generations, who was instrumental in the formation of the Interact club.

The club was inaugurated by Rtn PP Kochouseph Chittillpally, founder of V-Guard group of Industries by lighting the traditional lamp and later gave a very inspiring speech to the students present. AG Rtn S.R. Nair introduced the chief guest after the presidential address by Rtn. Chandrashekheran. Rtn PP PHF K N Shastry, District Director, New Generation, gave a motivating speech, Fr Joe Kokandathil, Vice Principal, Don Bosco School sprung a surprise by telling everybody that he was a past Rotarian. The interact president, Effin Fernandez gave an inspiring speech. Rtn PP Manoj Kumar P.D., Regional Chairman for Interact, Dist 3200, and Ms. Utthara L Zacharias, President Interact Club of Chinmaya also spoke during the occasion. As many as 32 members have joined and the application recommended by the District Governor has been sent to Rotary International for Charter.



THE PREZ BUZZZ...

October was the happening month of the year so far for the club with highly successful inauguration of Interact, vocational excellence award given Dr Sudheendran in a well attended function, laurels at the Badminton tournament.

Continuing with high attendance in all club meetings and also participating in good strength in activities of other clubs, bonding between our members has grown from strength to strength. This gives me high confidence to take up higher ambitions for the year.

The vibrancy noticed in all activities so far is definite indication that all our Rotarians Annes and Annetts are willing to take up responsibilities to make the club proud.

November being Rotary Foundation Month we need to plan to contribute to TRF. We are weak here so far but I am sure we have members who can contribute and I am sure they will and give a start for the club in this avenue. Surely many will follow.

Let me congratulate and thank all members who made the clubs name high. I feel proud when I here our club being discussed for its achievement by presidents, secretaries and district officials of city clubs.

Let us bring smiles to many more faces this month

Truly

Chandru



Rtn. William B. Boyd
President Rotary International
2006 - 2007



Rtn. Babu Joseph
District Governor 3200
2006 - 2007



VOCATIONAL EXCELLENCE AWARDZZZ...

The Fifth Vocational Excellence Award of Rotary Cochin International was awarded to Dr S. Sudheendran of Amritha Hospital, in a solemn function on 25th October 2006. October is the Rotary Vocational Services Month. The award was in recognition for his pioneering efforts in the field of liver transplant in Kerala. Dr Sudheendran, is the first doctor in Kerala to conduct a liver transplant surgery. He Graduated from Trivandrum Medical College and did his further studies abroad and has served in many countries before taking up the assignment at AIMS.

Dr Sudheendran has published many articles and papers in leading international journals.



Past District Governor and Senior Partner of Varma & Varma, Venugopal C Govind presented the award in a Solemn function at Hotel Renaissance on 25th October 2006. Asst Governor, SR Nair, RCI president Chandrasekharan, District Director Vocational Services, G Viswanathan, Regional Secretary D Shailajan and other rotary district officials graced the occasion. Past president Harikrishnan welcomed the guests and secretary proposed the vote of thanks

Dr Sudheendran in his acceptance speech, stressed upon the need for building awareness about donating organs which can save many lives. He said that at a time when one person dies for lack of a particular organ there are 12 potential donors who are buried or burnt with the useable organ. It is high time that we harness this potential and save lives. Lack of awareness and willingness to donate among the potential donor and his relative is the big hurdle we have to cross. He called upon the Rotarians to take up this issue and spread awareness atleast among the fraternity. Incidentally, last year, the members of Cochin International have already pledged to donate all their usable organs at the time of death to Society for Organ Retrieval & Transplantation (SORT), Cochin. Thanks to the efforts of our member, Rtn Dr H Sanjay Bhat.

THE RECIPIENTZZZ...

The Vocational Excellence Award of Rotary Cochin International was awarded regularly on every year during the Vocational Month of Rotary Calendar Year. The previous recipients are as below:

- | | |
|-----------------------|--|
| First Award (2002) : | Ms. Mini Mohan , Principal, Asadepam, School for Special Children |
| Second Award (2003) : | Ms. Anita , Raksha, School for Special School |
| Third Award (2004) : | Ms. Maya Mohan , Principal, Chinmaya School Vaduthala |
| Fourth Award (2005) : | Dr. Vasudevan , Principal, Amrita Medical College |

EXCELLENZZZ...

Dr Sudheendran had created history in the medical sector of Kerala by conducting the first liver transplantation. Mr Ramadas who was dying due to liver failure was given a new lease of life on 27th of June 2004. A noble man and his family were ready to donate the liver to Mr Ramadas. Even though the first liver transplant was done way back in early sixties, it took 4 decades for this historical moment to happen in Kerala.



Dr Sudheendran is the son of famous Malayalam novelist K Surendran. He was graduated and did his post graduation in Surgery from Trivandrum Medical college.

Having well trained in vascular surgery and organ transplantation for more than 10 years in UK, he joined Amrita Institute of Medical Sciences as Head of Department of Solid Organ Transplantation three years ago. Dr Sudheendran has more than 40 publications in national and international journals. He is also very active in medical research.

Dr Sudheendran is married to Dr Shalini. He is blessed with two children Vineeth and Miitha. Miitha has inherited the ancestral talent of writing.

Mr Ramadas who was given a rebirth is now active and supporting his family. May many lives can be saved by such great works. Every year thousands of people are dying in our state due to liver disease. Many of this could be prevented by liver transplantation. The organs, which are burnt or buried, can save the life of others. Its our moral obligation to pledge our organs to others after death. The mankind would be indebted to such noble gestures..

DIWALI WITH GUJJZZZ...



We have a new addition to our family!!

It does not make me a new mother; in fact it makes Sanjay a new father and a new mother. Where does that leave me? In anguish of course! The new addition did not have my permission; it was the joint conspiracy of father and daughter.

First he came unannounced; Sanjay bravely said he would keep him in the servant's room; no messing around. That's okay!!

So, the first night was spent whining while Sanjay sneaked off to see him several times in the night, caress him, clean up the 'mess' before I woke up.

The second night, Sanjay said he needs company, maybe a little closer, maybe at the bottom of the staircase, so he can feel the presence of the family members rather than banish him to the maid's quarters. When I woke up grumpily (as usual?), I found Sanjay racing around with a mop and a bottle of vinegar to camouflage the odour of excreta from my delicate nostrils.

The third night Sanjay said he is homesick, maybe he needs to stay just at the doorway of the master bedroom, not even a wee bit inside but just outside. The next morning I woke up to the fragrance of incense sticks; my beloved husband had finally turned religious? That was not be, the floor was spattered with blobs of And puddles of on my barely stain resistant terracotta (ha) floor. And Sanjay was desperately trying to mask the 'stink'!

I decided to take a stroll on my lush green lawns in the early hours of the morning to try and forget the antics of my husband and the 'new addition' and let out an agonizing scream. The lush green lawns were decorated with mounds of Sanjay rushed out of the house and trying to console me said it was manure and I did not have pay for it anyway. Manure for free?

The fourth night, I found him on my priceless Omani rug adjacent to my bed.

And the fifth night I solemnly moved upstairs. Needless to say he moved onto my share of the double bed.

And the 'silent treatment' of the spouse continues.

PS: the new addition is named ronni (Memories of Dr. Lilan, w/o of Dr. Sanjay Bhat. She works at Amritha Hospital)

BHAT FAMILY NIGHTZZZ...

(dark memories of a mother)



UNLIMITED SPORTZZZ...

(special reporter : Black Panther)

RCI put up a great show at the Grandslam 2006, conducted by Rotary Cochin North. We won a lot of trophies in both badminton and tennis competitions.

Our team of Rtn. Dr. Sanjay and Rtn. Benny won the runners up trophy in the tennis doubles event. In the tennis singles, Rtn. Dr. Sanjay was the clear winner and won the first place.

In the badminton court, RCI did a splendid display. Our team of Rtn. Madan and Rtn. Ligi won the runners up in the mixed doubles event and the team of Rtn. Ligi and Rtn. Suma won the runners up in the women's doubles.

In the doubles event, our teams (Rtn. Rajeev & Rtn. Aby and Rtn. Ravi and Rtn. Benny) lost in their second round matches. In the singles too, we had two participants, Rtn. Benny and Rtn. Rajeev

who both, after giving spectacular performances, lost in the second round matches.

We had three participants in the table tennis event also. Rtn. Madan, Rtn. Benny and Rtn. Dr. Sanjay displayed such

skills, that RCI presence was really felt in the TT court also.

RCI won the prize for the club with maximum participation and the best cheer leader.

A big **3 Cheers** to our team manager **Rtn. Pradeep**, who coordinated the entire planning for this and made this Grandslam, an occasion of great family fellowship for all of us at RCI.



THE EDZZZ...

I am glad to come out with the fifth edition of ROCOINT. Even though it is not a Herculean task, I admit that any activity will have its own pain. And I understand the efforts and pain of lot of my fellow Rotarians who have been constantly supporting me in all releases of our bulletin. I take this opportunity to thank once again our dear SR, Reji, Chandru and Manju for the timely support, and all others for creating the activities and thereby news for our bulletin.

With the beginning of Rotary Sports Activities, I am creating a new column called "UNLIMITED SPORTZZZ", with a special sports reporter, Rtn. Aby.

Kangaroo is the "animal of the month"; and I was able to get more visual effects of this animal to add to the profile.

Thanks Dr. Lilan once again for your contribution, but this time, the "frustrated / suppressed" feelings have come out through her sharper pen (tongue) and the attack is on "you know who"

After I lost my camera, I had to depend on the "unofficial photographers" of our club for all the photos in this bulletin, and I request all camera owners to click more fotos for the future bulletins.

I wish our club all success in the coming cultural and sports activities in November 2006

With lots of luv,

Cinu



RCI in NEWZZZ...



KANGAROO-ALL YOURZZZ...

This animal can jump around either on two feet or four feet, and is now having a new role as an animal police and the time keeper of the meetings. This animal has got an extra pouch which is always stocked with spirits for the whole Kingdom. Now a days this vaccinated animal has developed an extra pouch to carry its oversized heavy weight communicator to hold it still on the grounds.



The story is as old.....Tired of a day's hard work, God rested. After a while, He jumped up, and He was in His extraordinary elements. A little bit of concentration, a deep breath and then 'from the bottom of the heart' He pronounced, "Let there be Pradeep". Suddenly, Pradeep happened. "Eureka" He muttered, and looked around to ensure that nobody heard Him. God was indeed delighted, for he succeeded in the inventing the formula for creating the Pradeep. "All yours" He said and sent Pradeep to the Earth.

In the current ashram, buddy Pradeep Kumar (Shortly 'PK' - *matlub, Peene Ke baad*) the time keeper and disciplinarian of RCI was born some 37 years back, in Palakkad. Before his birth, his neighboring village became very famous by the birth of Chembai Vaidyanatha Bhagavathar. Due to this, Kottayi, Pradeep's village, was robbed of fame which otherwise would have happened with his birth. Our Sergeant at Arms (?) still has not forgiven Chembai for that.



It seems all Palakkadan RCI-ans have the same background, father at Army and schooling all over the country. After Delhi and Jhansi, P K studied at Govt. High School Kottayi and Govt. College Chittoor. After doing Bachelor of Science in Chemistry ('Organic' was his choicest... still relishing it), Pradeep applied for higher studies at Hayward University. Due to technical reasons, the Univ. could not get him down to the campus but gave him the right of consumption. Enough is enough, PK decided.



By 1990, PK started his career in the sales & marketing field. For over 8 years he worked in Lupin Lab at the Chennai & Kochi HQs, both as Executive and Manager. Since 1998, he is with different 'avatars' of the Pasteur's company, presently called as Sanofi Pasteur, handling 2 major productive States. The company is in vaccination (injection, to common man), we are told.

In one of his travelling Odysseys in 1994, at a bus stop, PK met up with the *Raman thediya Seeta* and instantly fell in love with her, head over heal. Unbelievably, as in the entire story, they became husband and wife. The Lord knew it was a special day; it was a 9/11. And we see many repetitions of the date, year after year! First Deepthi came and then Divya, Oh yes, Appa was very delighted. Now we know, PK has so many women in his life. With all these women, he is well settled at Sreedeeepam@Vaduthala.



PK is a man with empathy, to add to that, he has fantastic gab, occasionally hovering around ambiguity. Words never fail him. He is everyone's man. Team man, Leader man, Fun man, Script & dialogue man. **He is a 'live life KING size' man. Yes, 'I mean it'.**

THE WISHEZZZ...

BIRTHDAYS

- 01 Pooja d/o Chandru
- 06 Abhijith s/o Balakrishnan
- 17 Meera w/o Manoj K Menon
- 21 Divya d/o Pradeep
- 22 Falguni w/o Madan M J
- 30 Emily d/o Shaju David

ANNIVERSARIES

- 10 Jagan Abraham & Manjula
- 18 Lellulal T G & Seena
- 25 Prakash Balakrishnan & Miriam
- 26 Shaju David & Manju

NOVEMBER